

APRIL 2023

MESA VISTA CONSOLIDATED SCHOOLS

Monday

Green Chile Cheeseburger
Lettuce/Tomato
Fries
Fruit
1% Milk or Fat Free Chocolate
Milk

Spring Break

Grilled Cheese Sandwich
Tomato Soup
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Green Chile Chicken Enchiladas
Rice
Corn
Fruit
1% Milk or Fat Free Chocolate
Milk

Tuesday

Chicos, Beans & Cheese
Burrito
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Turkey Sandwich
Soup
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Orange Chicken
Fried Rice
Broccoli
Fruit
1% Milk or Fat Free Chocolate
Milk

3 Bean Chili
Chips
Fruit
1% Milk or Fat Free Chocolate
Milk

Wednesday

Pollo Bowl
Rice & Beans
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Shepherd's Pie
Peas and Carrots
Dinner Roll
Fruit
1% Milk or Fat Free Chocolate
Milk

Homemade Pizza
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Baked Chicken
Potatoes
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Thursday

Spring Break

Chicken Curry
Naan
Cauliflower
Fruit
1% Milk or Fat Free Chocolate
Milk

Mediterranean Bowl
Rice
Shirazi Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

Frito Pies
Lettuce/Tomatoes
Fruit
1% Milk or Fat Free Chocolate
Milk

Friday

Spring Break

Chicken Curry
Naan
Cauliflower
Fruit
1% Milk or Fat Free Chocolate
Milk

Mediterranean Bowl
Rice
Shirazi Salad
Fruit
1% Milk or Fat Free Chocolate
Milk

April 30
Bolognese Pasta
Salad
Fruit
1% Milk or Fat Free Chocolate
Milk



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.