LUNCH

# APRIL 2023

## MESA VISTA CONSOLIDATED SCHOOLS

MENU IS SUBJECT OT CHANGE

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 3<br>Green Chile cheeseburgers<br>Lettuce, Tomatoes<br>Fries<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 4<br>Bolognese Pasta<br>Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 5<br>Pollo Bowl<br>Rice & Beans<br>Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 6<br>Spring Break | 7<br>Spring Break |
| 10<br>Spring Break | 11<br>Turkey Sandwich<br>Soup<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 12<br>Shepard's Pie<br>Peas & Carrots<br>Dinner Rolls<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 13<br>Chicken Curry<br>Naan<br>Cauliflower<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 14 |
| 17<br>Grilled Cheese Sandwich<br>Tomato Soup<br>Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 18<br>Orange Chicken<br>Fried Rice<br>Broccoli<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 19<br>Homemade Pizza<br>Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 20<br>Mediterranean Bowl<br>Rice<br>Shirazi Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 21 |
| 24<br>Green Chicken Enchiladas<br>Rice<br>Corn<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 25<br>3 Bean Chili<br>Chips<br>Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 26<br>Baked Chicken<br>Potatoes<br>Salad<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 27<br>Frito Pies<br>Lettuce/Tomatoes<br>Fruit<br>1% Milk or Fat Free Chocolate Milk | 28<br>April 30<br>Chicken Tenders<br>Tater Tots<br>Fruit<br>1% Milk or Fat Free Chocolate Milk |