



BREAKFAST

MAY 2022

Menu is Subject to Change

Mesa Vista Consolidated Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel w/Cream Cheese Green Apple 1% Milk 2	Biscuits and Gravy Fruit Cups Juice 3	French Toast w/Syrup Fresh Banana 1% Milk 4	Cold Cereal Cheese Sticks Red Apples 1% Milk 5	6
Breakfast on a stick Fresh Pears 1% Milk 9	Ham and Cheese Omelet Fresh Fruit Juice 10	Breakfast Pizza Canned Fruit 1% Milk 11	Blueberry Muffin Granola Bar Fresh Orange 1% Milk 12	13
English Muffin w/Sausage and Cheese 1% Milk 16	Cold Cereal Cheese Stick 1% Milk 17	Oatmeal w/Toast Sliced Ham Juice 18	Breakfast Burrito Fresh Fruit 1% Milk 19	20
Chef's Surprise 23	Chef's Surprise 24	Chef's Surprise 25	Chef's Surprise 26	27
30	31			

Mesa Vista Consolidated Schools

Monday

Tuesday

Wednesday

Thursday

Friday

Pizza
Fresh Salad w/Ranch
Peaches
1% Milk

2

Mini Corndogs
Baked Fries
Fresh Orange
1% Milk

3

Tortilla Cheeseburger
Lettuce/Tomatoes
Sun Chips
Chocolate Milk

4

Red Beef Enchiladas
Refried Beans
Lettuce/Tomatoes
1% Milk

5

6

Spaghetti
Corn
Fresh Roils
Pineapple
1% Milk

9

Chicken Sandwich
Baked Tots
Fruit Cups
Chocolate Milk

10

Beef Bean & Cheese Burrito
Lettuce/Tomatoes
Spanish Rice
Salsa
1% Milk

11

Cook's Choice

12

13

Chicken Nuggets
Mashed Potatoes w/Gravy
BBQ Sauce
Fresh Fruit
1% Milk

16

Meatball Sandwich
Mixed Veggies w/Dressing
Fresh Bananas
1% Milk

17

Chicken Corndogs
Baked Fries
Green Beans
Red Apples
1% Milk

18

Frito Pie
Lettuce/Tomatoes
Tortilla
Fruit
1% Milk

19

20

Cook's Choice

23

Cook's Choice

24

Cook's Choice

25

Cook's Choice

26

27

30

31

