



BREAKFAST

MARCH 2022

MESA VISTA CONSOLIDATED SCHOOLS

Menu is Subject to Change

Monday

Spring Break

7

Cold Cereal
Cheese Sticks
Fruit
1% Milk or Juice

14

Eggs and Potato w/Cheese
Sausage Patty
Sliced Bread
Fresh Fruit
1% Milk

21

Malt-O-Meal
Fruit
Sliced Bread
1% Milk

28

Tuesday

Blueberry Muffins
Cheese Sticks
Fresh Fruit
1% Milk or Juice

1

Spring Break

8

Waffles w/Syrup
Sausage Patty
Fresh Fruit
1% Milk

15

Breakfast Pizza
Fresh Fruit
1% Milk

22

Bagels and Cream Cheese
Fresh Fruit
1% Milk

29

Wednesday

Cold Cereal
Granola Bar
Fruit Cup
1% Milk

2

Spring Break

9

Biscuit and Gravy
Hash Brown Patty
Fresh Fruit
1% Milk

16

Cold Cereal
Granola Bar
Fruit
1% Milk

23

Breakfast on a Stick
Fruit
1% Milk

30

Thursday

Breakfast Burrito
w/Green Salsa
Fruit
1% Milk

3

Spring Break

10

Omelet w/Cheese
Salsa
Fruit Cups
1% Milk or Juice

17

Banana Muffin
Cheese Stick
Red Apple
1% Milk

24

Cheese Quesadilla
Fruit
1% Milk

31

Friday

4

Spring Break

11

18

25



Monday

Tuesday

Wednesday

Thursday

Friday



Spring Break **7**

Spring Break **8**

Spring Break **9**

Spring Break **10**

Spring Break **11**

14
Frito Pie
Tortilla
Lettuce/Tomato
Fruit
1% Milk

15
Hamburger w/Cheese
Baked Tots
Lettuce/Tomato
Sliced Peaches
Ketchup/Mustard/Mayo
1% Chocolate Milk

16
Red Beef Enchiladas
Refried Beans
Lettuce/Tomatoes
Tortilla
Fruit
1% Milk or Juice

17
Homemade Pizza
Fresh Salad w/Ranch Dressing
Fresh Fruit
1% Chocolate Milk or Juice

18

21
Turkey Club Sandwiches
w/Pickle Spear
Sun Chips
Lettuce/Tomatoes
Ketchup/Mustard/Mayo
Fruit
1% Milk

22
Beef Tacos
w/Salsa
Pinto Beans
Lettuce/Tomatoes
1% Milk or Juice

23
Green Chicken Sandwich
Tater Tots
Peaches
1% Milk

24
Lasagna w/Garlic Bread
Vegetables
Fruit
1% Milk

25

28
Pizza
Salad w/Dressing
Sliced Apples
1% Chocolate Milk

29
Chicken Fajitas
Fresh Salsa
Spanish Rice
1% Chocolate Milk

30
Frito Pies
Lettuce/Tomatoes
Tortillas
Fruit
1% Milk

31
Spaghetti w/Garlic
Bread
Fresh Salad w/Dressing
Canned Fruit
1% Milk

4

3
Pepperoni Pizza
Fresh Salad w/Dressing
Green Apple
1% Chocolate Milk