

# APRIL 2022

## MESA VISTA CONSOLIDATED SCHOOLS

### BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday

4

Breakfast Burrito  
w/Salsa  
Fruit  
1% Milk

5

Cold Cereal  
Cheese Stick  
Green Apple  
1% Milk

6

Fresh Pancakes  
w/Syrup  
Sausage link  
Apple Sauce  
1% Milk

7

Bagel w/Ham and Cheese  
Hash Brown  
Fresh Orange  
1% Milk or Juice

8



11

Cheese Quesadilla  
w/Salsa  
Fruit Cup  
1% Milk

12

Scrambled Eggs  
Sausage Patty  
Whole Grain Toast  
Fruit  
1% Milk

13

Breakfast Pizza  
Fresh Fruit  
1% Milk

14

Spring Break 2

15



18

Spring Break 2

19

Banana Muffin  
Granola Bar  
Fresh Apple  
Juice

20

Peanut Butter and  
Jelly Sandwich  
Fruit  
1% Milk

21

French Toast  
Bacon  
1% Milk

22



25

Breakfast Burrito  
Fresh Sliced Orange  
1% Milk

26

Ham and Cheese Biscuit  
Apple Sauce  
1% Milk

27

Oatmeal  
Sausage Link  
Toast  
1% Milk or Juice

28

Dry Cereal  
Cheese Stick  
Green Apple  
1% Milk

29



# APRIL 2022

## MESA VISTA CONSOLIDATED SCHOOLS



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**4**  
Grilled Ham and Cheese Sandwich  
Chicken and Rice Soup  
Red Apple  
1% Milk

**5**  
Nacho's w/ Meat  
Pinto Beans  
Sour Cream  
Jalapeno  
Fruit Cups  
1% Milk

**6**  
Chicken Green Chili Enchiladas  
Pinto Beans  
Lettuce/Tomatoes  
Tortilla  
Fresh Pear  
1% Milk

**7**  
Lasagna w/Garlic Bread  
Fresh Salad w/Dressing  
Sliced Peaches  
1% Milk

**1**

**11**  
Corn Dogs  
Sweet Potatoes w/Ketchup  
Fruit  
1% Milk

**12**  
Shredded Pork Burritos  
w/Green or Red  
Spanish Rice  
Lettuce/Tomatoes  
Can Fruit  
1% Milk

**13**  
Frito Pie  
Lettuce/Tomatoes  
Tortilla  
Fresh Fruit  
1% Milk

**14**  
Spring Break 2

**15**

**18**  
Spring Break 2

**19**  
Roast Turkey  
Mashed Potatoes w/Gravy  
Corn  
Fresh Rolls  
Fruit Cups  
1% Milk

**20**  
Baked Fish Sandwich  
Broccoli and Cheese  
Lettuce/Tomatoes  
Tarter Sauces  
Jell-O with Fruit  
1% Milk

**21**  
Shredded Beef Chimichangas  
Pinto Beans  
Salsa  
Fresh Fruit  
1% Milk

**22**

**25**  
Hot Dogs  
Baked Tater Tots  
Ketchup/Relish/Mustard  
Sliced Peaches  
1% Milk or Juice

**26**  
Green Chili Frito Pies  
Lettuce/Tomatoes  
Tortilla  
Sliced Melon  
1% Milk

**27**  
Cheeseburgers  
Baked French Fries  
Lettuce/Tomatoes  
Ketchup/Mayo/Mustard  
Fruit Cup  
1% Milk

**28**  
Chicken Nuggets  
Mashed Potatoes w/Gravy  
BBQ Sauce  
Fresh Melon  
1% Milk

**29**