



Monday

Chicken Fried Steak

Whole Grain Dinner Roll 2 oz
Mashed Potatoes/ Gravy 8oz
Peaches 8oz
Milk 8 oz



Lasagna 8oz

Whole Grain Garlic Bread 4 oz
Roman Salad 8oz
Pineapple 8oz
Milk 8oz

Spaghetti 8oz

Meat Sauce 2 oz
Whole Grain Garlic Bread 2oz
Peas 8oz
Sliced Apples 8oz, Milk 8oz

Chicken Nuggets 8ct

Whole Grain Roll 2oz
Carrots 8oz
Pears 8oz
Milk 8 oz

Frito Pies

(Chili beans 8oz, lettuce 1oz, tomatoes 1oz, Cheese 1oz) Whole Grain Roll 2oz
Green Beans 8oz
Peaches 8oz, Milk 8 oz



Wednesday

NO SCHOOL

Beef Tacos 2oz

Cheese 2oz, Lettuce 2oz
Tomato 2oz
Whole Grain Tortilla 2x6in
Beans 8oz
Mixed Fruit 8oz, Milk 8oz

Pigs in the Blanket

Whole Grain Bun 2oz
Hot Dog 8oz
Pears 8oz
Milk 8oz

Tostadas

Bean & Beef 8oz
(Lettuce 1oz, tomatoes 1oz, cheese 1oz)
Mixed Fruit 8oz
Milk 8oz

Peperoni Pizza 8oz

Carrots 8oz
Sliced Pineapple 8oz
Milk 8oz

Thursday

NO SCHOOL

Chili Dog

Bean & Beef 8oz
Cheese 1oz
Whole Grain Bun 2oz
Apricots 8oz
Milk 8oz

Ground Beef Gravy 8oz

Whole Grain Roll 4oz
Mashed Potatoes/Gravy 8oz
Corn 8oz
Apricots 8oz, Milk 8oz

Hamburgers

Whole Grain Bun 2oz
French Fries 8oz
Frozen Strawberries 8oz
Milk 8oz

Frito Pies

(Chili beans 8oz, lettuce 1oz, tomatoes 1oz, Cheese 1oz) Whole Grain Roll 2oz
Green Beans 8oz
Peaches 8oz, Milk 8 oz

Friday

NO SCHOOL

NO SCHOOL

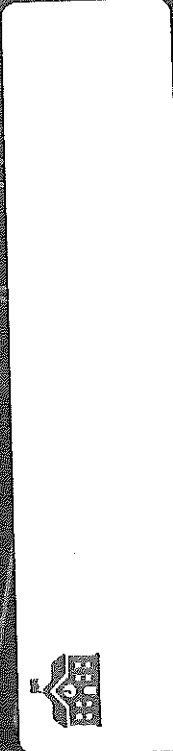
NO SCHOOL

NO SCHOOL



January 2019

BREAKFAST



Monday



Egg & Cheese Bagel Sandwich
Mixed Fruit & Milk

Red Chile Breakfast Burrito
Peaches & Milk

Cream of Wheat
Mixed Fruit & Milk

Biscuits & Gravy
Strawberries & Milk

Tuesday

NO SCHOOL

French Toast
Fresh Fruit & Milk

Biscuits Sausage Sandwich
Mixed Fruit & Milk

Breakfast Pizza
Pineapple & Milk

Pancakes
Blueberries & Milk

Wednesday

NO SCHOOL

Potatoes, Eggs, Toast
Pineapple & Milk

Cheese Quesadilla With bacon
Frozen Strawberries & Milk

Bacon, Eggs, Cinnamon Roll
Sliced Oranges & Milk

Sausage, Egg & Cheese Muffin Sandwich
Banana & Milk

Thursday

NO SCHOOL

Cinnamon Oatmeal
Blueberries & Milk

Waffles
Strawberries & Milk

Cereal
Pears & Milk

Sausage Omelet, Tortil & Salsa
Strawberries & Milk

Friday

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

